This information sheet provides guidance as to prohibited practices and is part of a series of information sheets that have been developed to help everyone understand the 'AuthT/2nBT

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Which practices are prohibited?

Broadly, prohibited practices fall into two categories, certain physical restraints and punitive approaches.

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The following physical restraints are prohibited:

The use of prone or supine restraint

Pin downs

Basket holds

Takedown techniques

Any physical restraint that has the purpose or effect of restraining or inhibiting a person's respiratory or digestive functioning



Telling a person that they won't be allowed to go out or to have a visit from their family member because of their behaviour (denial of key needs)

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Contact information

For enquiries about the Policy, please contact the Department of Communities – authorisation of restrictive practices team:

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Email: <u>ARP@communities.wa.gov.au</u> Phone: 08 6217 6888 or free call 1800 176 888 Voice relay: 1300 555 727 Teletypewriter (TTY): 133 677 SMS relay: 0423 677 767

References